2013 POSSIBLE IDEAS EXPO
MAY 3RD & 4TH
NEWCASTLE ENTERTAINMENT CENTRE
WORKSHOP PROGRAM
Please find on the following pages the Workshop program for the 2013 Possible IDEAS EXPO.

We have aimed to present a program of community and individual capacity building workshops to assist individuals, family members, professionals and the community understand the changing environment and the move to individualised funding and a person centred approach. Weaving through the streams of workshops is the recognition that safeguards need constant tending and understanding for self advocacy, and other protections should they be necessary.

Some of the offerings in this program are key presentations, so please make sure you review the program closely. We encourage you to pre-register to ensure a seat at some of the key presentations. In particular please note our Key Note Speaker Dr Peter Spitzer in the Blue Room on Friday at 1.15pm. Of note are Mr David Bowen, CEO of the National Disability Scheme Agency speaking at 11.30am in the Blue Room on Friday; and Comedian Tim Ferguson, who is joining us on the Friday to be our MC for the day and will talk about MS and his part in the downfall at 2pm on Friday afternoon in the Blue Room.

In addition to this program’s content, we have many other activities tailored for this event and that require pre-registration. Please review the other program activities on our website and follow the links there for registration. In particular I would ask you all to review the Dance therapy Workshop being conducted by Moving Connect on Friday afternoon as well as the registration process for the Paralympic Talent Search.

We are sure that everyone will find a session that is of interest to them in this program and hope that you will plan to attend at least one workshop during your visit to the 2013 possible IDEAS EXPO.

Diana Palmer
IDEAS NSW Executive Officer
Welcome to the Workshop Program for the 2013 PossABLE IDEAS Expo. All sessions will need to be preregistered and a link can be found at: http://2013possableideaseexpo.com.au/program/workshop-program and will be available from Wednesday 3rd April.

**Friday May 3 session**
- Stream 1 – Systems – Blue Room
- Stream 2 – Choice and Control– Red Room
- Stream 3 – Full Inclusion – Green Room

**Saturday May 4 Morning session**
- Stream 1 – Systems – Blue Room
- Stream 2 – Right and Justice– Red Room
- Stream 3 – Full Inclusion – Green Room
- Stream 4 – Living in the Real World – Orange Room

**Saturday May 4 Afternoon session**
- Stream 1 – Systems – Blue Room
- Stream 2 – Right and Justice– Red Room
- Stream 3 – Full Inclusion – Green Room
- Stream 4 – Living in the Real World – Orange Room

All sessions in Stream 1 will be audio captioned and Auslan interpreted.

Please note that all session are subject to change without notice. Every attempt has been made to ensure advertised presenters will be available on the day. We will attempt to contact you give you prior notice if there are any changes.

If you have any further access requirements or questions, please get in touch by:

- Tel: 1800 029 904
- SMS 0458 296 602 or
- Email: expo@ideas.org.au

We look forward to seeing you there!
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Title</th>
<th>Presenter</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>11:30 AM</td>
<td><strong>Systems</strong></td>
<td><strong>Title:</strong> The NDIS and the Hunter</td>
<td><strong>Presenter:</strong> Dougie Herd, Branch Manager, NDIS Launch Transition Agency</td>
<td><strong>Description:</strong> My life, My Way - NSW and the NDIS in the Hunter</td>
</tr>
<tr>
<td>12:30 PM</td>
<td>Choice and Control</td>
<td><strong>Title:</strong> Choice and Control &amp; Self-direction</td>
<td><strong>Presenter:</strong> Therese Sands, PWDA</td>
<td><strong>Description:</strong> My wants, my needs, my way - The UN Convention and Australia</td>
</tr>
<tr>
<td>12:30 PM</td>
<td><strong>Full Inclusion</strong></td>
<td><strong>Title:</strong> Something to do - Think beyond the ordinary. Full inclusion</td>
<td><strong>Presenter:</strong> Dr Caroline Ellison, Senior Lecturer, Disability Studies, Flinders University</td>
<td><strong>Description:</strong> Strategies for leisure and recreation as an adult person with disability. How to be included in the activities you choose.</td>
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<tr>
<td>1:15 PM</td>
<td><strong>Humour the Jest Medicine</strong></td>
<td><strong>Title:</strong> Humour the Jest Medicine</td>
<td><strong>Key Note:</strong> Dr Peter Spitzer, Founder, The Humour Foundation</td>
<td><strong>Description:</strong> Split you sides and learn the health benefits of humour.</td>
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<tr>
<td>2:00 PM</td>
<td><strong>Choices &amp; Control</strong></td>
<td><strong>Title:</strong> MS - My Part In Its Downfall</td>
<td><strong>Presenter:</strong> Tim Ferguson - Comedian</td>
<td><strong>Description:</strong> Fast, fierce and funny, Tim tells scary, sexy tales from his life on the international comedy circuit and the MS warpath.</td>
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<tr>
<td>2:30 PM</td>
<td><strong>Rights for Kids</strong></td>
<td><strong>Title:</strong> Rights for Kids</td>
<td><strong>Presenter:</strong> Sally Robinson, Postdoctoral Research Fellow, Centre for children and young people, Southern Cross University</td>
<td><strong>Description:</strong> Safeguarding the rights of kids with disabilities no matter where they are</td>
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<tr>
<td>3:00 PM</td>
<td><strong>NDIS and WORK</strong></td>
<td><strong>Title:</strong> NDIS and WORK - how are they connected</td>
<td><strong>Presenter:</strong> Graeme Innes, Disability Discrimination Commissioner, Australian Human Rights Commission and Rob Watkins, NSW State Manager, NDISTLA</td>
<td><strong>Description:</strong> The Australian Federation of Disability Organisations presents a forum on the connection between the NDIS and employment</td>
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<tr>
<td>4:00 PM</td>
<td><strong>Dream home</strong></td>
<td><strong>Title:</strong> Dream home - What is your dream home?</td>
<td><strong>Presenter:</strong> Belinda Epstein-Frisch, Family Advocacy and Matt Donnelly, CEO Ability Options</td>
<td><strong>Description:</strong> How to make housing choices personal, authentic and right for you.</td>
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<tr>
<td>4:15 PM</td>
<td><strong>Confident Consent</strong></td>
<td><strong>Title:</strong> Confident Consent</td>
<td><strong>Presenter:</strong> Liz Dore, Relationships and Private Stuff / This Dating Life</td>
<td><strong>Description:</strong> Explicit education for confident choices</td>
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<td>4:15 PM</td>
<td><strong>Ipads, smart phones and more</strong></td>
<td><strong>Title:</strong> Ipads, smart phones and more</td>
<td><strong>Presenter:</strong> Dr Graeme Smith - Ability Technology</td>
<td><strong>Description:</strong> Tablets, ipads, androids and more</td>
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### Saturday 4 May – Morning Session

<table>
<thead>
<tr>
<th>Systems</th>
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<th>Full Inclusion</th>
<th>Living in the Real World</th>
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| **Title: Me, myself, I and this thing called the NDIS**  
Panel: Dougie Herd, Branch Manager Research & Engagement NDISLTA; Christine Regan, Senior Policy Officer NCOSS; Daniel Kyriacou, National Communications Manager, NDS / Every Australian Counts Campaign  
**Description:** What does the NDIS mean for me? | **Title: Choice and Control & self direction**  
**Presenter:** Therese Sands, PWDA  
**Description:** My wants, my needs, my way - The UN Convention and Australia | **Title: Music, Art and Dance**  
**Presenter:** Dr Caroline Ellison, Senior Lecturer, Disability Studies, Flinders University  
**Description:** Self-expression in the Arts, where excellence and community co-exist. | **Title: Beating the Maze, let me talk to someone REAL!**  
**Presenter:** Helen Abric, IDEAS  
**Description:** A guide to searching websites for help and to telephone lines....A guide to who are you going to call when you want to talk to a real person. |
| **Title: The NDIS and the Hunter**  
**Presenter:** Rob Watkins, State Manager NDIS Launch Transition Agency  
**Description:** My life, My Way - NSW and the NDIS in the Hunter | **Title: Speaking Up and Speaking Out**  
**Presenter:** Barbel Winter  
**Description:** What is self-advocacy? Where do you turn when you can’t solve a problem yourself? When is an objective outside person most useful? | **Title: My Business, Not Yours**  
**Presenter:** Touching Base Inc.  
**Description:** Maintaining the privacy and confidentiality of people with disability when accessing the sex industry | **Title: Moving from School to Adult Life with Disability**  
**Presenter:** Kay Dean, Officer NDCO  
**Description:** The transition from school to adult life for young people with disability is recognised as a critical planning time. The key to success is knowing what your options are and planning ahead....come along and learn more about where your choices can take you. |
| **Title: The NDIS and the Hunter**  
**Presenter:** Rob Watkins, State Manager NDIS Launch Transition Agency  
**Description:** My life, My Way - NSW and the NDIS in the Hunter | **Title: Speaking Up and Speaking Out**  
**Presenter:** Barbel Winter  
**Description:** What is self-advocacy? Where do you turn when you can’t solve a problem yourself? When is an objective outside person most useful? | **Title: I want friends**  
**Presenter:** Michaela Kennedy, Executive Director - Pathways to Leadership  
**Description:** Making friendships not transactions | **Title: Avoiding tears at transitions**  
**Presenter:** Belinda Epstein-Frisch; family Advocacy and Emma Baxter, Resourcing Families  
**Description:** Terrible and terrific transitions; how to smooth out predictable bumps |
| **Title: Practical Person First**  
**Presenter:** Catherine Mahoney and Linda Hughes, Mind the Gap  
**Description:** Dreams to reality. Good conversations to make dreams real. | **Title: Sticks, Stones and other Assaults**  
**Presenter:** Phillip French, Australian Disability Discrimination Centre  
**Description:** Discrimination and other dumb things | **Title: Desire is legitimate**  
**Presenter:** Rosalie Power, Family Planning Australia  
**Description:** Sexual expression for all. What are the sexual rights of people with Intellectual Disability? | **Title: Avoiding tears at transitions**  
**Presenter:** Belinda Epstein-Frisch; family Advocacy and Emma Baxter, Resourcing Families  
**Description:** Terrible and terrific transitions; how to smooth out predictable bumps |
| **Title: My Rights & My Protection**  
**Facilitated:** by Phillip French with presentations from IDRS, NSW Ombudsman, ACCC  
**Description:** Ok, you’re in trouble, what happens now? | **Title: My Rights & My Protection**  
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<td>1:00 PM to</td>
<td>Title: Touching base with your sexuality</td>
<td>1:30 PM to 2:00 PM</td>
<td>Title: Unmet needs of rare diseases in the Hunter Community</td>
<td>Title: What’s a spectrum?</td>
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<td>2:00 PM</td>
<td>Presenter: Touching Base Inc.</td>
<td></td>
<td>Presenter: Dianne Petrie OAM – Director, AGSA welcomes Dr Himanshu Goel, Clinical</td>
<td>Presenter: Mr Craig Smith, Educational Outreach Consultant, ASPECT</td>
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<td>Description: Information for people with disability about accessing sex workers</td>
<td>Facilitated: by Phillip French with presentations from Office of the Public Guardian, NSW CID and Law Access</td>
<td>Geneticist, Hunter Genetics –Genetics Today and Catherine Spinks, Genetic Counsellor – AGSA’s Research Assistant</td>
<td>Description: Latest research findings on aspergers and autism</td>
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<td>Description: Your future-supports, well being, health, care, wills and guardianship</td>
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<td>Description: AGSA aims to provide greater support and information for carers of this unique group of carers living in the Hunter Region. Esteemed co-presenters will provide an overview of current research projects</td>
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<td>2:15 PM to</td>
<td>2:30 PM to 3:30 PM</td>
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<td>3:30 PM to</td>
<td>Title: Subverting Caring Conversations</td>
<td>3:00 PM to 4:00 PM</td>
<td>Title: My world, my village-navigating the everyday</td>
<td>Title: Falling between the Cracks</td>
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<td>4:00 PM</td>
<td>Presenter: To be advised</td>
<td>Facilitated: by Phillip French with presentations from EOWN, TIO, PDCN</td>
<td>Facilitated: by Phillip French with presentations from EOWN, TIO, PDCN</td>
<td>Presenter: Marline Squance, Executive Officer, Autoimmune Resource &amp; Research Centre, John Hunter Hospital</td>
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<td></td>
<td>Description: You share more than you know</td>
<td>Description: My Leases; My Schooling; My Entitlement, My smart world</td>
<td>Description: My Leases; My Schooling; My Entitlement, My smart world</td>
<td>Description: Finding services and supports when you fall through the cracks. The practical role of self-management and control when living with complex and chronic health conditions with specific reference to lupus, scleroderma and Sjögrens.</td>
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<td>12:30pm Session Continues</td>
<td>1:00 PM to 2:00 PM</td>
<td>1:30 PM to 2:30 PM</td>
<td>2:00 PM to 3:00 PM</td>
<td>2:15 PM to 3:30 PM</td>
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<tr>
<td>3:30 PM to</td>
<td>Title: Conversations: From ideas to actions</td>
<td>3:00 PM to 4:00 PM</td>
<td>Title: Touching base with your sexuality</td>
<td>3:30 PM to 4:00 PM</td>
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<td>4:00 PM</td>
<td>Presenter: Lucy supported by James Brummel, Mai-Wel</td>
<td>Facilitated: by Phillip French with presentations from EOWN, TIO, PDCN</td>
<td>Presenter: Touching Base Inc.</td>
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<td>Description: How key conversations have underpinned the journey of 4 people from living at home to living in the community (ILSI and Supported Living Fund)</td>
<td>Description: My Leases; My Schooling; My Entitlement, My smart world</td>
<td>Description: What you need to know about safe sex-what to use and how to use it</td>
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